



Post-Hospital Extended Care Services

("Swing Bed") Requirements

Patients hospitalized at HRMC or another hospital may qualify for extended care services at HRMC if:

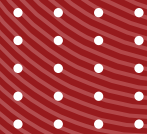
- A doctor determines a need for daily skilled nursing care.
- Patient is willing to participate in the daily rehabilitation sessions and skilled nursing care.
- Patient had a hospitalization as an "Acute Care Inpatient" (not an observation patient) for a minimum of 3 consecutive midnights within the last 30 days.
- Patient has Medicare Part A or other insurance with hospital-based, skilled care benefits and days available for skilled level care.

About Us

Hereford Regional Medical Center is a full-service health care facility operated by the Deaf Smith County Hospital District.

We operate an outpatient clinic and inpatient hospital and are designated by the Texas Department of State Health Services as a Level IV trauma facility.

Our mission is to improve the health and quality of life of the individuals and communities we serve.



Post-Hospital
Extended Care
Services



Contact Us

Phone: (806) 349-9128
Fax: (844) 742-8369
Email: amy.rodriguez@dschd.org
Website: dschd.org

540 W. 15th Street, Hereford, TX 79045



Hereford
Regional Medical Center



POST-HOSPITAL EXTENDED CARE SERVICES

The Best Care is Close to Home

What is a Swing Bed Program?

The Swing Bed Program is for patients who no longer need acute inpatient care yet may not be strong enough to return home.

The program provides skilled nursing care and rehabilitation services (physical, occupational, and speech therapy) for individuals who do not need full hospitalization but cannot yet function independently.

This program is recommended for patients whose goal is to return home. HRMC's Swing Bed Program is a federally approved program that allows hospitals to use regular patient rooms to provide this special care.

Who Benefits From the Swing Bed Program?

- Patients who need rehabilitation after orthopedic surgery, such as joint replacements.
- Patient with acute neurological conditions, such as stroke, traumatic brain, or spinal cord injury.
- Patients needing to regain strength and mobility after illness, injury, or other surgery.
- Patients needing post-surgical aftercare: wound care, ostomy care, or IV therapy.



Services Provided

Nursing Services (includes assessments and teaching/education)

- Cardiovascular interventions – includes assessments and teaching/education
- Hematological interventions – administer/teach IM @ SQ injections; collect, monitor, and report lab values
- Respiratory interventions – pulmonary hygiene measures, O2 measures
- Endocrine interventions – all aspects of diabetic care
- GI/GU Interventions – bowel/bladder training; Foley/catheter and ostomy care
- Nutritional interventions – tube feeding/diet instructions
- Wound Care – surgical aftercare, wound care
- IV interventions – infusion of IV medications
- Musculoskeletal interventions – pain management; care for decreased mobility

Physical Therapy

- Core and lower extremity strengthening
- Gait and transfer training to improve mobility
- Balance training to decrease risk for falls at home
- Manual therapy for pain relief
- Modalities as needed



Occupational Therapy

- Hand and upper body/core strengthening
- Activities of daily living re-training to promote independence with self-care tasks
- Home environment assessment/modifications as needed
- Modalities as needed

Speech Therapy

- Swallowing/dysphagia therapy
- Speech and language therapy
- Address issues with problem solving, memory/attention, and reasoning
- Cognitive therapy
- Social communication



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